

Individual Health Care Plan (IHCP)

Individual Health Care Plan (IHCP) for _____ Allergens _____

PROBLEM: Risk for anaphylaxis **GOAL:** Prevent allergic reactions from occurring and ensure student safety at school

<p>Parent (please answer the questions below):</p> <p>1. I would like my child's emergency medication kept in: <input type="checkbox"/> The nurse's office <input type="checkbox"/> Nurses' office and classroom</p> <p>2.. Does your child require an allergen free eating area? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>3. I would like to accompany my child on field trips when exposed to their allergen. <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>4. My child <u>should</u> wash his/her hands with soap and water or use a cleansing wipe before eating. <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>5. I will provide a shelf-stable allergen free snack that will be available in the classroom if needed. <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Please list other accommodations needed at school:</p> <hr/> <hr/> <hr/>	<p>Teacher Responsibilities</p> <p><input type="checkbox"/> Keep a copy of the student's Emergency Action Plan and IHCP in the classroom sub folder.</p> <p><input type="checkbox"/> Inform parents of the allergic student in advance of any in-class events where food will be served.</p> <p><input type="checkbox"/> Ensure that food or products containing the student's allergens are not used for class projects, science experiments, or celebrations.</p> <p><input type="checkbox"/> If the parent of a student with a food allergy is not attending a field trip, the student will be assigned to a staff member who has been trained to implement the Emergency Action Plan and is carrying the emergency medication.</p> <p><input type="checkbox"/> Plan for the following on field trips: oversee cleaning the table of the student with food allergies before eating, ensure the student with the food allergy washes his/her hands before eating, ensure the student with the food allergy eats only allergen free food or food supplied by the parent, carry a cell phone to call 911 if needed, and review the Emergency Action Plan before the field trip.</p> <p><input type="checkbox"/> Implement accommodations that parent indicated, "yes" in parent section.</p>
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CONFIDENTIAL

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Principal Responsibilities

- Ensure there are walkie-talkies available to playground and P E. staff.
- Delegate proper cleaning of the allergen free area in the lunchroom and classroom (when the classroom is used as a lunchroom).
- Prohibit sharing or trading food at school.
- Encourage students to bring healthy snacks to school and avoid bringing snack made with peanuts or nuts.
- Ensure student has an allergen free area available in the lunchroom if parent indicated an allergen free area is needed (see parent section).

School Nurse Responsibilities

- Educate all staff that interacts with the student about food allergy symptoms and the steps required to implement the Emergency Action Plan. Review emergency procedures with classroom teacher prior to field trips as needed.
- Ensure access to emergency medication when developing plans for fire drills, lockdowns, etc.
- If student rides the bus, provide a copy of the Emergency Action Plan to the bus driver.
- A copy of the student's Emergency Action Plan and IHCP will be distributed on a need to know basis.

The Individual Health Care Plan has been reviewed and signed by:

Parent signature

Date

This document was reviewed with parent/guardian via _____ on _____.
(meeting type) (date)

Nurse signature

Date

The Emergency Action Plan and Individual Health Care Plan will be distributed to staff on a need to know basis.

A copy of the Emergency Action Plan will be given to the bus driver if the student uses bus transportation.